

**FLEETWOOD PARK SECONDARY SCHOOL**

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Grade 9 Reflection Eating Choices and the Environment

Block D Teacher: Mr. Borst

Date: April 16th, 2020

Due Date: Feb 19/20

Instructions: Although there is little room between the questions, the automatic formatting will adjust the amount of space while you type. I expect a minimum of 5 sentences for each response.

1. What did you already know?

The things that I already knew was that 71% of the Earth is covered in water. The next thing I knew was that in Canada’s food guide, half of you plate must be filled with fruits and vegetables. Another thing I knew was that all the milk that we drink comes from cows.

1. What did you hear was new?

The things that I heard was new was that beef patties contain so much water. The next new thing I didn’t know was that it costs $300 for a chicken wing. Another thing that I just knew during that time was that more 1,000,000 animals die per hour.

1. What changes are we able to make as individuals to contribute towards a solution?

The changes that we made were as to contributing was when showering, take showers for a short amount of time. The next thing that we would make as a change is to stop killing animals and keep hunting. Another change that we would make as individuals is not to use too much electricity at once.

1. What are you willing to change?

What I am willing to change is that to drink more water and take shorter showers so then I don’t waste too much water. The next change that I am willing to do is to not hunt and kill animals because it will be bad for the environment. Another change I want to make is to not litter and drop garbage on the ground because then it will dirty the environment.

1. What might stop you from making changes?

The things that might stop me from making those changes is if I am too lazy to do those things or I am just tired or if someone forces to stop me from doing those changes in a good way. Another thing that might stop me from doing it is having addiction to playing video games. Another thing that might stop me is that sometimes I forget what I am doing, and I am daydreaming so therefore, I won’t be able to accomplish my goal.

1. In your opinion, was there any biases in the presentation? Use specific examples.

Some things that I was against is that when it comes to hunt animals, it could be a good thing like in a

religious way or if you are starving and you have the necessary items to do that. Another way is using

electricity can mostly be a bad thing but also in a good thing because if you use your device everyday,

it produces a lot faster. Another bias was that it costs $300 for a chicken wing. In reality, it doesn’t cost that much but the way it was produced, the cost must’ve been that high.